WARRIOR WEIGHT LIFTING RECORDS

GIRLS'S DEAD LIFT

SCHOOL RECORD:

MIDDLE WEIGHT					HEAVY WEIGHT					SUPER HEAVY WEIGHT			
200-220 lbs.					230-250 lbs.					260-280 lbs.			
	Name	Year	Weight-Reps			Name	Year	Weight-Reps			Name	Year	Weight-Reps
1					1								
2					2								
3					3								
4													
5													
6													
7													
8													
9													