



WARRIOR WEIGHT LIFTING RECORDS

BOY'S BENCH PRESS

SCHOOL RECORD: Derek Lawrance (350-1) 200-2001



MIDDLE WEIGHT				HEAVY WEIGHT				SUPER HEAVY WEIGHT			
180-240 lbs.				250-290 lbs.				300-340 lbs.			
	Name	Year	Weight-Reps		Name	Year	Weight-Reps		Name	Year	Weight-Reps
1	Nick Klaudt	75-76	190-3	1	Tyler Etzel	79-80	250-3	1	Lee Peterson	84-85	300-3
2	Toni Micheletto	75-76	180-3	2	Darren Reynolds	79-80	250-3	2	John Karstein	87-88	310-5
3	LeeRoy Schmierer	76-77	200-3	3	David Ler	81-82	250-3	3	Bryon Stanford	88-89	300-3
4	Wade Wilson	76-77	230-3	4	Pat Foster	82-83	250-3	4	Paul Hagler	88-89	300-5
5	Bruce Prevost	76-77	220-3	5	Pat Hamburg	82-83	250-3	5	Kelly Bergstedt	93-94	320-5
6	Tom Hedegaard	76-77	190-3	6	Wade Hagler	83-84	250-3	6	Tyler Tombre	00-01	320-7
7	Dave Rice	76-77	180-3	7	Ted Hafeman	83-84	250-3	7	Derek Lawrance	00-01	320-8
8	Dave Keller	77-78	180-3	8	Lannie Stern	83-84	250-3	8	Zach McPherson	06-07	300-3
9	Dave Jorgensen	78-79	180-3	9	Lee Peterson	83-84	250-3	9	Cody Mavity	09-10	300-3
10	Curtis Prevost	79-80	180-4	10	Jim Miller	84-85	250-3	10	Shay Stanford	09-10	300-3
11	Jim McRae	79-80	210-4	11	Troy Prevost	84-85	250-3				
12	Randy Mastvelten	79-80	210-3	12	Kelly Hafemean	84-85	250-3				
13	Todd Basta	79-80	180-3	13	Paul Hagler	85-86	250-3				
14	Mark Basta	79-80	180-6	14	John Kartein	85-86	250-3				
15	Pat Foster	79-80	180-4	15	Kevin Conradsen	87-88	250-3				
16	David Ler	80-81	180-3	16	Lance Miller	87-88	250-3				
17	Pat Hamburg	81-82	180-3	17	Park Rice	87-88	250-3				
18	Dale Price	81-82	180-3	18	Bryon Stanford	87-88	250-3				
19	Jim Miller	81-82	180-3	19	Louie Reyna	87-88	250-3				
20	Larry Miller	81-82	180-3	20	Shawn Nelson	87-88	250-3				
21	Troy Prevost	81-82	180-3	21	Casey Wootan	87-88	250-3				
22	Wade Hagler	81-82	180-3	22	Clint Prevost	87-88	250-3				
23	Lannie Stern	82-83	230-3	23	Gary Sinks	87-88	250-3				
24	Todd Foster	82-83	180-3	24	Darin Eschenbacher	87-88	250-4				
25	Ted Hafeman	82-83	200-3	25	Glenn McRae	88-89	250-3				
26	Kevin Sharbono	82-83	180-3	26	Jamie Mocko	88-89	250-5				
27	Loren Stern	82-83	200-3	27	Tony King	88-89	250-7				
28	Jeff Hillard	82-83	180-3	28	Blaine Etzel	88-89	250-5				
29	Lee Peterson	82-83	200-3	29	Kylee Lange	88-89	250-5				
30	David Price	82-83	180-3	30	Brent McNeil	89-90	250-3				

31	Brett Etzel	83-84	180-3		31	Doug Lunstad	90-91	250-4					
32	Kelly Hafeman	83-84	180-3		32	Kelly Bergstedt	91-92	250-3					
33	Gene McRae	83-84	180-3		33	Joel Bergstedt	91-92	250-3					
34	Andy Reed	83-84	180-3		34	Kevin Nelson	92-93	250-3					
35	Doug Kelly	83-84	220-3		35	Eric Madsen	92-93	250-4					
36	John Karstein	84-85	180-3		36	Jason Nelson	93-94	250-4					
37	Paul Hagler	84-85	180-3		37	Justin Schmierer	93-94	250-3					
38	Rich Vanas	84-85	180-3		38	David Steffen	94-95	250-6					
39	Louie Reyna	84-85	180-3		39	Travis Lange	94-95	250-5					
40	Kevin Conradsen	84-85	180-3		40	Chris Seeve	94-95	250-3					
41	Lance Miller	84-85	180-3		41	Justin Verhasselt	95-96	250-3					
42	Casey Wootan	84-85	180-3		42	Aaron Engstrom	95-96	250-4					
43	Shawn McNeil	84-85	190-3		43	Rick Haber	95-96	250-3					
44	Marshall Melton	84-85	180-3		44	Brian Steffen	97-98	250-3					
45	Brian McNeil	85-86	180-3		45	Burt Etzel	97-98	250-4					
46	Bryon Stanford	85-86	200-5		46	Eric Steffen	97-98	250-3					
47	Russ Davis	85-86	180-3		47	Ryan Tombre	97-98	250-3					
48	Park Rice	85-86	180-3		48	Brad Ler	97-98	250-3					
49	Gene Arneson	85-86	180-3		49	Royce Mitcheletto	97-98	250-6					
50	Shawn Nelson	85-86	180-3		50	Peter Thiessen	98-99	250-3					
51	Billy Sinks	85-86	180-3		51	Kyle Smith	98-99	250-3					
52	Clint Prevost	85-86	180-3		52	Tyler Tombre	99-00	250-3					
53	Blaine Etzel	85-86	180-3		53	Josh Schmierer	99-00	250-3					
54	Darin Eschenbacher	85-86	180-3		54	Ryan Reynolds	99-00	250-4					
55	Troy Hafle	86-87	180-3		55	Derek Lawrance	99-00	250-3					
56	Ken Eichelberger	86-87	180-3		56	Brady Reuter	00-01	250-3					
57	Rob Vanas	86-87	180-3		57	Jake Urlacher	00-01	250-3					
58	Jamie Mocko	86-87	180-3		58	Cole Tombre	00-01	250-3					
59	Tony King	86-87	180-3		59	Mike Swisse	00-01	250-3					
60	Brent McNeil	86-87	190-3		60	Travis Tombre	00-01	250-8					
61	Cory Conradsen	87-88	180-3		61	Mike Arneson	00-01	250-3					
62	Tim Kohntopp	87-88	180-3		62	Joe Dardis	00-01	250-3					
63	Glen McRae	87-88	180-3		63	Jeff Jorgensen	00-01	250-4					
64	Troy Pierce	87-88	180-3		64	Chadd Damm	00-01	250-3					
65	Troy Conradsen	87-88	180-3		65	Adam McPherson	00-01	250-3					
66	Ken Livermore	87-88	180-3		66	Colton Buxbaum	01-02	250-3					
67	Keith Osborne	87-88	180-3		67	DJ Lapp	01-02	250-3					

