WARRIOR WEIGHT LIFTING RECORDS

BOY'S PARALLEL SQUAT

SCHOOL RECORD: Austin Mastvelten (440-1) 2007-2008

MIDDLE WEIGHT				HEAVY WEIGHT				SUPER HEAVY WEIGHT				SUPER-SUPER HEAVY WEIGHT			
200-250 lbs.				260-350 lbs.				360-410 lbs.				420----lbs			
	Name	Year	Weight-Reps		Name	Year	Weight-Reps		Name	Year	Weight-Reps		Name	Year	Weight-Reps
1	Justin Verhasselt	93-94	200-3	1	Kelly Bergstedt	93-94	260-3	1	Burt Etzel	98-99	360-3	1	Austin Mastvelten	07-08	420-3
2	Jason Carlson	93-94	200-3	2	David Steffan	93-94	260-3	2	Derek Lawrance	99-00	360-4				
3	Eric Madsen	93-94	200-3	3	Mike Bender	93-94	260-3	3	Mike Swisse	01-02	360-3				
4	Justin Schmierer	93-94	200-3	4	Tim Trinski	94-95	260-3	4	Tyler Tombre	01-02	360-3				
5	Chris Seeve	93-94	200-3	5	Chris Seeve	94-95	260-3	5	Mark Nollmeyer	04-05	360-3				
6	Michael Bender	93-94	200-3	6	Brian Steffen	94-95	260-3	6	Austin Mastvelten	06-07	360-3				
7	Travis Lange	93-94	200-3	7	Travis Lange	94-95	260-3	7	James Oliver	07-08	360-3				
8	Tim Trzinski	93-94	200-3	8	Aaron Engstrom	95-96	260-3	8	Nyle Hurley	07-08	360-3				
9	Chance Mitcheletto	93-94	200-3	9	Chance Mitcheletto	95-96	260-3	9	Clayton Eskridge	09-10	360-3				
10	Josh Mason	94-95	200-3	10	Royce Mitcheletto	95-96	260-3	10	Kyle Vaira	09-10	360-3				
11	Brian Steffen	94-95	200-3	11	Eric Steffen	95-96	260-3	11	Michael Reynolds	10-11	360-3				
12	Eric Steffen	94-95	200-3	12	Brad Ler	95-96	260-3	12	Larry Hergenrider	10-11	360-3				
13	Allan Conradsen	94-95	200-3	13	Burt Etzel	96-97	260-3	13	Chris Reynolds	10-11	360-3				
14	Joao Capucim	94-95	200-3	14	Lee Reuter	96-97	260-3								
15	Aaron Engstrom	94-95	200-3	15	Cody Smith	96-97	260-3								
16	Brad Ler	94-95	200-3	16	Andrew Dobraska	96-97	260-3								
17	Royce Mitcheletto	94-95	200-3	17	Kirk Sanders	96-97	260-3								
18	Geoff Osterman	94-95	200-3	18	Scott Trizinski	96-97	260-3								
19	Bryce Quale	94-95	200-3	19	Ryan Tombre	96-97	260-3								
20	Rick Haber	94-95	200-3	20	Allan Conradsen	96-97	260-3								
21	Peter Thiesen	94-95	200-3	21	Kyle Smith	97-98	260-3								
22	Adam Nollmeyer	94-95	200-3	22	Bryce Quale	97-98	260-3								
23	Burt Etzel	95-96	200-3	23	Derek Lawrance	98-99	260-3								
24	Chris Vojacek	95-96	200-3	24	Lane Sunwall	98-99	260-3								
25	Kirk Sanders	95-96	200-3	25	Paul Vojacek	98-99	260-3								
26	Kjeld Johnson	95-96	200-3	26	Casey Hamburg	98-99	260-3								
27	Nathan Pust	95-96	200-3	27	Tyler Tombre	98-99	260-3								
28	Andrew Dobraska	95-96	200-3	28	Joe Dardis	99-00	260-3								
29	Cody Smith	96-97	200-3	29	Mike Swisse	99-00	260-3								
30	Lee Reuter	96-97	200-3	30	Jake Urlacher	99-00	260-3								
31	Scott Trizinski	96-97	200-3	31	Brady Reuter	99-00	260-3								
32	Ryan Tombre	96-97	200-3	32	Arnot Schmitt	99-00	260-3								
33	Kyle Smith	96-97	200-3	33	Ryan Reynolds	99-00	260-3								
34	Nick Dolphy	96-97	200-3	34	Billy Struckman	99-00	260-3								
35	Paul Vojacek	96-97	200-3	35	David Windhorst	00-01	260-3								
36	Levi Lange	96-97	200-3	36	Jeff Jorgenson	00-01	260-3								

37	Todd Verhasselt	97-98	200-3		37	Cole Tombre	00-01	260-3										
38	Billy Struckman	97--98	200-3		38	Travis Tombre	00-01	260-3										
39	Josh Schmierer	97-98	200-3		39	Sheldon Milener	00-01	260-3										
40	D.J. Rice	97-98	200-3		40	Adam McPherson	00-01	260-3										
41	Lane Sunwall	97-98	200-3		41	Coton Buxbaum	00-01	260-3										
42	Casey Hamburg	97-98	200-3		42	Phillip Pust	01-02	260-3										
43	Ryan Tombre	97-98	200-3		43	Shane Iverson	01-02	260-3										
44	Kellan Damm	97-98	200-3		44	Caleb Pesola	01-02	260-3										
45	Derrick Walla	97-98	200-3		45	Mark Nollmeyer	01-02	260-3										
46	Brady Reuter	98-99	200-3		46	Brandon Braun	01-02	260-3										
47	Jake Urlacher	98-99	200-3		47	Cory Starkey	01-02	260-3										
48	Tyler Tombre	98-99	200-3		48	Tad Dobraska	02-03	260-3										
49	Joe Dardis	98-99	200-3		49	Chase Vaira	02-03	260-3										
50	Derek Lawrance	98-99	200-3		50	Ryan Fischer	03-04	260-3										
51	Andrew Fiscus	98-99	200-3		51	Daniel Lawrance	03-04	260-3										
52	Jeff Jorgensen	98-99	200-3		52	Alex Mcpherson	03-04	260-3										
53	Adam McPherson	98-99	200-3		53	Austin Mastvelten	04-05	260-3										
54	Cole Tombre	99-00	200-3		54	Trent Sharbono	04-05	260-3										
55	Devon Hurley	99-00	200-3		55	Scott Stevenson	04-05	260-3										
56	Arnott Schmitt	99-00	200-3		56	John Hoon	04-05	260-3										
57	Mike Swisse	99-00	200-3		57	Nyle Hurley	05-06	260-3										
58	D.J. Lapp	99-00	200-3		58	Wayne Quinnell	05-06	260-3										
59	Robby Ernster	99-00	200-3		59	Andrew Green	06-07	260-3										
60	Sheldon Milender	00-01	200-3		60	Lee Hafeman	06-07	260-3										
61	Travis Tombre	00-01	200-3		61	Kaleb Reed	06-07	260-3										
62	Shea Herbert	00-01	200-3		62	Dillon Urlacher	06-07	260-3										
63	David Windhorst	00-01	200-3		63	Justin Messer	06-07	260-3										
64	Rob Pesola	00-01	200-3		64	Josh Nollmeyer	06-07	260-3										
65	Mike Lunstad	00-01	200-3		65	Bryce Jorgensen	06-07	260-3										
66	Brandon Ozbun	00-01	200-3		66	Erick Ler	06-07	260-3										
67	Colton Buxbaum	00-01	200-3		67	James Oliver	07-08	260-3										
68	Drew Urlacher	00-01	200-3		68	Colton Herbert	07-08	260-3										
69	Brandon Braun	00-01	200-3		69	Kyle Vaira	07-08	260-3										
70	Phillip Pust	00-01	200-3		70	Shay Stanford	07-08	260-3										
71	Charles Pesola	00-01	200-3		71	Matt Trzinski	07-08	260-3										
72	Caleb Pesola	01-02	200-3		72	Colin Basta	07-08	260-3										
73	Jesse Jorgensen	01-02	200-3		73	Tate Buxcel	08-09	260-3										
74	Jerrit Schmierer	01-02	200-3		74	Clayton Eskridge	08-09	300-4										
75	Mark Nollmeyer	01-02	200-3		75	Rase Basta	09-10	260-3										
76	Tad Dobraska	01-02	200-3		76	Chris Reynolds	09-10	260-3										
77	Shane Iverson	01-02	200-3		77	Shad Stanford	09-10	260-3										
78	Cory Starkey	01-02	200-3		78	Braden Ler	09-10	260-3										
79	Shane Lapp	01-02	200-3		79	Lawrence Hergenrider	09-10	260-3										
80	Chris Albright	01-02	200-3		80	Eric Pust	09-10	260-3										

81	Daniel Stevenson	02-03	200-3		81	Enrique Hafeman	09-10	260-3									
82	Jerrod Reed	02-03	200-3		82	Zhao Xiang	10-11	260-3									
83	Markus Arneson	02-03	200-3		83	Michael Reynolds	10-11	260-3									
84	Jaren Damm	02-03	200-3		84	Braden Fiesthamel	11-12	260-3									
85	Alex McPherson	02-03	200-3		85	Ryder Rice	11-12	260-3									
86	Miguel Bescos	02-03	200-3		86	Jordan Skaley	11-12	260-3									
87	Daniel Lawrance	02-03	200-3		87	Trent Prevost	11-12	260-3									
88	Ryan Fischer	02-03	200-3		88	Jordan Urlacher	11-12	260-3									
89	John Hoon	03-04	200-4		89	Tanner Hagler	11-12	260-3									
90	Trent Sharbono	03-04	200-3		90	Shannon Rost	12-13	260-3									
91	Donny Dillman	03-04	200-3		91	Chase Hagler	12-13	260-3									
92	Chris Green	03-04	200-3														
93	Austin Mastvelten	04-05	200-3														
94	Nyle Hurley	04-05	200-3														
95	Josh Nollmey	04-05	200-3														
96	Justin Messer	04-05	200-3														
97	Scott Stevenson	04-05	200-3														
98	Zach McPherson	04-05	200-3														
99	Wayne Quinnell	04-05	200-3														
100	James Olver	05-06	200-3														
101	Erick Ler	05-06	200-3														
102	Lee Haveman	05-06	200-3														
103	Bryce Jorgensem	05-06	200-3														
104	Andrew Green	05-06	200-3														
105	JC Maulsby	05-06	200-3														
106	Tate Buxcel	06-07	200-3														
107	Golladay	06-07	200-3														
108	Chris Carver	06-07	200-3														
109	Jeremy Schmierer	06-07	200-3														
110	Robert Mocko	07-08	200-3														
111	Charlie Sheehan	07-08	200-3														
112	Colin Basta	07-08	200-3														
113	Colton Herbert	07-08	200-3														
114	Cody Mavity	07-08	200-3														
115	Clayton Eskridge	07-08	200-3														
116	Shay Stanford	07-08	200-3														
117	Kyle Vaira	07-08	200-3														
118	Matt Trizinsk	07-08	200-3														
119	Dane Downing	08-09	205-6														
120	Bryce Jones	08-09	200-3														
121	Shad Stanford	08-09	200-3														
122	Eric Pust	08-09	200-3														
123	Braden Ler	08-09	200-3														
124	Chris Reynolds	08-09	200-3														

125	Rase Basta	08-09	200-3														
126	Wyatt Hagler	09-10	200-3														
127	Enrique Hafeman	09-10	200-3														
128	Lawrence Hergenrider	09-10	200-3														
129	Jamison Roberts	09-10	200-3														
130	Zhao Xiang	10-11	200-3														
131	Michael Reynolds	10-11	200-3														
132	Cameron Hough	10-11	200-3														
133	Zach Tunnell	10-11	200-3														
134	Tony Wiltfong	10-11	200-3														
135	Braden Feisthamel	11-12	200-3														
136	Ryder Rice	11-12	200-3														
137	Jordan Skaley	11-12	200-3														
138	Austin Jensen	11-12	200-3														
139	Chase Hagler	11-12	200-3														
140	Shannon Rost	11-12	200-3														
141	Tanner Hagler	11-12	200-3														
142	Trent Prevost	11-12	200-3														
143	Jordan Urlacher	11-12	200-3														
144	Trey Bloesser	12-13	205-7														